



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Surber, Silke

Club: Deutschland
Number: 193

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 52:59

Speed: 10.19 km/h
Running performance: 5:42 min/km

Rank in course/Total: 157 (of 321)

Rank in course/Women: 35 (of 132)

Best time in course: 40:10

Rank in category: 5(of 18)

Best time in the category: 48:55