



16. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Dröge, Sven

Club: Alkersleben  
Number: 39

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M30 (30-34 Jahre)

Total time: 53:19

Speed: 10.13 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 163 (of 321)

Rank in course/Men: 125 (of 189)

Best time in course: 32:19

Rank in category: 13(of 18)

Best time in the category: 34:21