



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Schäfer, Thomas

Club: ilmenau

Number: 227

Course: 9.30 km

Kurze Strecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 53:20

Speed: 10.46 km/h

Running performance: 5:44 min/km

Rank in course/Total: 164 (of 321)

Rank in course/Men: 126 (of 189)

Best time in course: 32:19

Rank in category: 16(of 23)

Best time in the category: 36:43