



16. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Fehringer, Claudia

Club: Zella-Mehlis  
Number: 255

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 53:27

Speed: 10.10 km/h  
Running performance: 5:45 min/km

Rank in course/Total: 169 (of 321)

Rank in course/Women: 39 (of 132)

Best time in course: 40:10

Rank in category: 3(of 10)

Best time in the category: 40:56