



16. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Schmitt, Erich

Club: SC Ostheim  
Number: 169

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M70 (70-74 Jahre)

Total time: 53:50

Speed: 10.03 km/h  
Running performance: 5:47 min/km

Rank in course/Total: 179 (of 321)

Rank in course/Men: 136 (of 189)

Best time in course: 32:19

Rank in category: 1(of 6)

Best time in the category: 53:50