



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Schumann, Frank

Club: Ilmenau
Number: 178

Course: 9.30 km
Kurze Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 53:51

Speed: 10.03 km/h
Running performance: 5:47 min/km

Rank in course/Total: 181 (of 321)

Rank in course/Men: 138 (of 189)

Best time in course: 32:19

Rank in category: 16(of 19)

Best time in the category: 36:45