



16. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Ulbricht, Anja

Club: Erfurt  
Number: 328

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 53:58

Speed: 10.34 km/h  
Running performance: 5:48 min/km

Rank in course/Total: 185 (of 321)

Rank in course/Women: 45 (of 132)

Best time in course: 40:10

Rank in category: 6(of 17)

Best time in the category: 44:55