



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Richter, Katja

Club: Ilmenau

Number: 157

Course: 9.30 km

Kurze Strecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 54:12

Speed: 10.30 km/h

Running performance: 5:50 min/km

Rank in course/Total: 189 (of 321)

Rank in course/Women: 48 (of 132)

Best time in course: 40:10

Rank in category: 8(of 17)

Best time in the category: 44:56