



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Stahr, Sebastian

Club: Weimar
Number: 186

Course: 9.30 km
Kurze Strecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 54:23

Speed: 9.93 km/h
Running performance: 5:51 min/km

Rank in course/Total: 191 (of 321)

Rank in course/Men: 142 (of 189)

Best time in course: 32:19

Rank in category: 15(of 22)

Best time in the category: 37:22