



16. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 20.04.2019

### Detailed evaluation

Heydt, Luisa

Club: Ilmenau  
Number: 72

Course: 9.30 km  
Kurze Strecke

Category:  
Frauen (20-29 Jahre)

Total time: 54:55

Speed: 9.83 km/h  
Running performance: 5:55 min/km

Rank in course/Total: 200 (of 321)

Rank in course/Women: 56 (of 132)

Best time in course: 40:10

Rank in category: 11(of 27)

Best time in the category: 40:10