



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Bley, Elfriede

Club: TSV 1862 Friedberg
Number: 23

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 55:28

Speed: 10.06 km/h
Running performance: 5:58 min/km

Rank in course/Total: 205 (of 321)
Rank in course/Women: 60 (of 132)
Best time in course: 40:10

Rank in category: 7(of 17)
Best time in the category: 44:55