



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Köcher, Francesca

Club: Erfurt
Number: 100

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 56:08

Speed: 9.62 km/h
Running performance: 6:02 min/km

Rank in course/Total: 212 (of 321)

Rank in course/Women: 64 (of 132)

Best time in course: 40:10

Rank in category: 11(of 17)

Best time in the category: 43:13