



16. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Zobirei, Ralf

Club: SWV Goldlauter-Heidersbach  
Number: 332

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M65 (65-69 Jahre)

Total time: 56:24

Speed: 9.57 km/h  
Running performance: 6:04 min/km

Rank in course/Total: 214 (of 321)

Rank in course/Men: 149 (of 189)

Best time in course: 32:19

Rank in category: 3(of 8)

Best time in the category: 41:11