



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Stengel, Susanne

Club: Wiesbaden
Number: 189

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 56:27

Speed: 9.57 km/h
Running performance: 6:04 min/km

Rank in course/Total: 215 (of 321)

Rank in course/Women: 66 (of 132)

Best time in course: 40:10

Rank in category: 11(of 18)

Best time in the category: 48:55