



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Weller, Normen

Club: Nürnberg
Number: 258

Course: 9.30 km
Kurze Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 58:53

Speed: 9.17 km/h
Running performance: 6:20 min/km

Rank in course/Total: 235 (of 321)

Rank in course/Men: 157 (of 189)

Best time in course: 32:19

Rank in category: 19(of 19)

Best time in the category: 36:45