



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Christoph, Ferry

Club: Ilmenau
Number: 31

Course: 9.30 km
Kurze Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 59:10

Speed: 9.13 km/h
Running performance: 6:22 min/km

Rank in course/Total: 238 (of 321)

Rank in course/Men: 159 (of 189)

Best time in course: 32:19

Rank in category: 15(of 18)

Best time in the category: 34:21