



16. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Denstädt, Doreen

Club: Erfurt  
Number: 415

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:00:06

Speed: 8.99 km/h  
Running performance: 6:28 min/km

Rank in course/Total: 245 (of 321)

Rank in course/Women: 83 (of 132)

Best time in course: 40:10

Rank in category: 10(of 17)

Best time in the category: 44:55