



16. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Herzer, Stefanie

Club: Stadtilm Ot. Niederwillingen  
Number: 70

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:00:09

Speed: 8.98 km/h  
Running performance: 6:28 min/km

Rank in course/Total: 247 (of 321)

Rank in course/Women: 84 (of 132)

Best time in course: 40:10

Rank in category: 13(of 17)

Best time in the category: 44:56