



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Franzke, Iris

Club: Frauenwald
Number: 294

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:01:29

Speed: 9.08 km/h
Running performance: 6:37 min/km

Rank in course/Total: 257 (of 321)

Rank in course/Women: 88 (of 132)

Best time in course: 40:10

Rank in category: 15(of 18)

Best time in the category: 48:55