



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Trommer, Ray

Club: heyda
Number: 242

Course: 9.30 km
Kurze Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:02:48

Speed: 8.60 km/h
Running performance: 6:45 min/km

Rank in course/Total: 269 (of 321)

Rank in course/Men: 175 (of 189)

Best time in course: 32:19

Rank in category: 21(of 21)

Best time in the category: 41:00