



16. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Bley, Jens

Club: TSV 1862 Friedberg
Number: 24

Course: 9.30 km
Kurze Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 40:47

Speed: 13.68 km/h
Running performance: 4:23 min/km

Rank in course/Total: 28 (of 321)

Rank in course/Men: 27 (of 189)

Best time in course: 32:19

Rank in category: 5(of 19)

Best time in the category: 36:45