



16. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Kopplin, Christine

Club: Seebergen  
Number: 105

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 1:06:13

Speed: 8.16 km/h  
Running performance: 7:07 min/km

Rank in course/Total: 299 (of 321)  
Rank in course/Women: 115 (of 132)  
Best time in course: 40:10

Rank in category: 6(of 8)  
Best time in the category: 50:06