



16. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Jacob, Katrin

Club: Wipfratal  
Number: 84

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:06:23

Speed: 8.13 km/h  
Running performance: 7:08 min/km

Rank in course/Total: 300 (of 321)  
Rank in course/Women: 117 (of 132)  
Best time in course: 40:10

Rank in category: 13(of 17)  
Best time in the category: 44:55