



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Römhild, Sandra

Club: Heßles
Number: 314

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:06:42

Speed: 8.10 km/h
Running performance: 7:10 min/km

Rank in course/Total: 301 (of 321)

Rank in course/Women: 118 (of 132)

Best time in course: 40:10

Rank in category: 14(of 17)

Best time in the category: 44:55