



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Heusing, Sabine

Club: Ilmenau
Number: 323

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 1:08:02

Speed: 7.94 km/h
Running performance: 7:19 min/km

Rank in course/Total: 308 (of 321)

Rank in course/Women: 123 (of 132)

Best time in course: 40:10

Rank in category: 7(of 8)

Best time in the category: 50:06