



16. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Stengel, Gudrun

Club: Leipzig  
Number: 188

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W60 (60-64 Jahre)

Total time: 1:09:12

Speed: 7.80 km/h  
Running performance: 7:26 min/km

Rank in course/Total: 311 (of 321)

Rank in course/Women: 125 (of 132)

Best time in course: 40:10

Rank in category: 4(of 4)

Best time in the category: 46:32