



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Schädel, Falk

Club: Berlin
Number: 296

Course: 9.30 km
Kurze Strecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:10:34

Speed: 7.65 km/h
Running performance: 7:35 min/km

Rank in course/Total: 315 (of 321)

Rank in course/Men: 187 (of 189)

Best time in course: 32:19

Rank in category: 22(of 22)

Best time in the category: 37:22