



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Mahler, Sven

Club: SG Finne Billroda
Number: 551

Course: 18.50 km
Lange Strecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:16:06

Speed: 14.19 km/h
Running performance: 4:07 min/km

Rank in course/Total: 9 (of 149)

Rank in course/Men: 9 (of 122)

Best time in course: 1:10:12

Rank in category: 4(of 23)

Best time in the category: 1:12:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	37:15	4:00	3	2:00	8	2:51	9.30	37:15	4:00	3	2:00	8	2:51
Runde	9.00	38:12	4:14	4	2:38	9	3:05	18.30	1:15:27	4:07	4	3:47	9	5:56
Finish	0.20	0:39	3:15	1	-	2	0:01	18.50	1:16:06	4:06	4	3:43	9	5:54