



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Grohmann, Horst

Club: Geratal
Number: 326

Course: 9.30 km
Kurze Strecke

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:18:55

Speed: 6.84 km/h
Running performance: 8:29 min/km

Rank in course/Total: 318 (of 321)

Rank in course/Men: 189 (of 189)

Best time in course: 32:19

Rank in category: 6(of 6)

Best time in the category: 53:50