



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Mansfeld, Thilo

Club: Team Hirschbach
Number: 541

Course: 18.50 km
Lange Strecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:19:45

Speed: 13.54 km/h
Running performance: 4:19 min/km

Rank in course/Total: 12 (of 149)

Rank in course/Men: 12 (of 122)

Best time in course: 1:10:12

Rank in category: 6(of 23)

Best time in the category: 1:12:23

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	9.30	38:44	4:09	6	3:29	11	4:20	9.30	38:44	4:09	6	3:29	11	4:20
Runde	9.00	40:11	4:27	6	4:37	12	5:04	18.30	1:18:55	4:18	6	7:15	12	9:24
Finish	0.20	0:50	4:10	12	0:11	37	0:12	18.50	1:19:45	4:18	6	7:22	12	9:33