



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Möller, Marco

Club: Schwäbisch Hall
Number: 516

Course: 18.50 km
Lange Strecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:24:31

Speed: 12.78 km/h
Running performance: 4:34 min/km

Rank in course/Total: 25 (of 149)

Rank in course/Men: 25 (of 122)

Best time in course: 1:10:12

Rank in category: 11(of 23)

Best time in the category: 1:12:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	41:27	4:27	10	6:12	26	7:03	9.30	41:27	4:27	10	6:12	26	7:03
Runde	9.00	42:15	4:41	12	6:41	27	7:08	18.30	1:23:42	4:34	11	12:02	25	14:11
Finish	0.20	0:49	4:04	10	0:10	30	0:11	18.50	1:24:31	4:34	11	12:08	25	14:19