



16. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Kemter, Thomas

Club: königsee  
 Number: 517

Course: 18.50 km  
 Lange Strecke

Category:  
 Senioren M35 (35-39 Jahre)

Total time: 1:26:18

Speed: 12.51 km/h  
 Running performance: 4:40 min/km

Rank in course/Total: 32 (of 149)

Rank in course/Men: 32 (of 122)

Best time in course: 1:10:12

Rank in category: 13(of 23)

Best time in the category: 1:12:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	43:15	4:39	14	8:00	40	8:51	9.30	43:15	4:39	14	8:00	40	8:51
Runde	9.00	42:12	4:41	11	6:38	26	7:05	18.30	1:25:27	4:40	13	13:47	32	15:56
Finish	0.20	0:51	4:15	14	0:12	45	0:13	18.50	1:26:18	4:39	13	13:55	32	16:06