



16. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Berlt, Philipp

Club: PFC Ilmenau
Number: 407

Course: 18.50 km
Lange Strecke

Category:
Männer (20-29 Jahre)

Total time: 1:26:56

Speed: 12.77 km/h
Running performance: 4:42 min/km

Rank in course/Total: 35 (of 149)

Rank in course/Men: 35 (of 122)

Best time in course: 1:10:12

Rank in category: 2(of 2)

Best time in the category: 1:26:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	41:54	4:30	1	-	33	7:30	9.30	41:54	4:30	1	-	33	7:30
Runde	9.00	44:13	4:54	2	0:46	40	9:06	18.30	1:26:07	4:42	2	0:11	35	16:36
Finish	0.20	0:49	4:04	2	0:05	30	0:11	18.50	1:26:56	4:41	2	0:16	35	16:44