



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Schmidt, Jens

Club: LTV Erfurt
Number: 167

Course: 9.30 km
Kurze Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 41:37

Speed: 12.98 km/h
Running performance: 4:28 min/km

Rank in course/Total: 39 (of 321)

Rank in course/Men: 37 (of 189)

Best time in course: 32:19

Rank in category: 2(of 21)

Best time in the category: 41:00