



16. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Fritsch, Steve

Club: WalschberRunners
 Number: 540

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M35 (35-39 Jahre)

Total time: 1:36:29

Speed: 11.19 km/h
 Running performance: 5:13 min/km

Rank in course/Total: 63 (of 149)

Rank in course/Men: 58 (of 122)

Best time in course: 1:10:12

Rank in category: 17(of 23)

Best time in the category: 1:12:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	46:31	5:00	17	11:16	58	12:07	9.30	46:31	5:00	17	11:16	58	12:07
Runde	9.00	48:59	5:26	17	13:25	63	13:52	18.30	1:35:30	5:13	17	23:50	58	25:59
Finish	0.20	0:59	4:54	23	0:20	97	0:21	18.50	1:36:29	5:12	17	24:06	58	26:17