



16. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Wagner, Heribert

Club: SV Herschfeld
 Number: 511

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M60 (60-64 Jahre)

Total time: 1:38:57

Speed: 10.91 km/h
 Running performance: 5:21 min/km

Rank in course/Total: 71 (of 149)

Rank in course/Men: 66 (of 122)

Best time in course: 1:10:12

Rank in category: 2(of 10)

Best time in the category: 1:30:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	47:41	5:07	2	3:30	66	13:17	9.30	47:41	5:07	2	3:30	66	13:17
Runde	9.00	50:20	5:35	4	5:22	75	15:13	18.30	1:38:01	5:21	2	8:52	66	28:30
Finish	0.20	0:56	4:39	6	0:12	71	0:18	18.50	1:38:57	5:20	2	8:57	66	28:45