



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Andreas, Laute

Club: SV TU Ilmenau
Number: 316

Course: 9.30 km
Kurze Strecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 43:05

Speed: 12.53 km/h
Running performance: 4:38 min/km

Rank in course/Total: 46 (of 321)

Rank in course/Men: 44 (of 189)

Best time in course: 32:19

Rank in category: 5(of 23)

Best time in the category: 36:43