



16. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Meyer-Reisser, Katrin

Club: fat fighters
 Number: 533

Course: 18.50 km
 Lange Strecke

Category:
 Seniorinnen W35 (35-39 Jahre)

Total time: 1:40:33

Speed: 10.74 km/h
 Running performance: 5:26 min/km

Rank in course/Total: 80 (of 149)

Rank in course/Women: 8 (of 27)

Best time in course: 1:30:11

Rank in category: 2(of 6)

Best time in the category: 1:30:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	49:21	5:18	2	3:59	9	5:06	9.30	49:21	5:18	2	3:59	9	5:06
Runde	9.00	50:21	5:35	2	6:21	6	6:21	18.30	1:39:42	5:26	2	10:20	8	10:20
Finish	0.20	0:51	4:15	2	0:02	3	0:04	18.50	1:40:33	5:26	2	10:22	8	10:22