



16. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Brachmann, Kurt

Club: Herzog-Georg-Nachtlaufteam
 Number: 411

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M65 (65-69 Jahre)

Total time: 1:41:01

Speed: 10.69 km/h
 Running performance: 5:28 min/km

Rank in course/Total: 82 (of 149)

Rank in course/Men: 74 (of 122)

Best time in course: 1:10:12

Rank in category: 3(of 6)

Best time in the category: 1:28:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	50:14	5:24	4	6:01	82	15:50	9.30	50:14	5:24	4	6:01	82	15:50
Runde	9.00	49:31	5:30	3	5:31	70	14:24	18.30	1:39:45	5:27	3	11:32	73	30:14
Finish	0.20	1:16	6:19	6	0:31	122	0:38	18.50	1:41:01	5:27	3	12:03	74	30:49