



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Willing, Steven

Club: Ohrdruf
Number: 507

Course: 18.50 km
Lange Strecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:41:55

Speed: 10.60 km/h
Running performance: 5:31 min/km

Rank in course/Total: 90 (of 149)

Rank in course/Men: 82 (of 122)

Best time in course: 1:10:12

Rank in category: 21(of 23)

Best time in the category: 1:12:23

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	9.30	49:48	5:21	21	14:33	77	15:24	9.30	49:48	5:21	21	14:33	77	15:24
Runde	9.00	51:11	5:41	22	15:37	81	16:04	18.30	1:40:59	5:31	21	29:19	82	31:28
Finish	0.20	0:56	4:39	19	0:17	71	0:18	18.50	1:41:55	5:30	21	29:32	82	31:43