



16. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Vater, Georg

Club: Rennsteiglaufverein Suhl  
Number: 555

Course: 18.50 km  
Lange Strecke

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:42:40

Speed: 10.81 km/h  
Running performance: 5:33 min/km

Rank in course/Total: 95 (of 149)

Rank in course/Men: 87 (of 122)

Best time in course: 1:10:12

Rank in category: 19(of 20)

Best time in the category: 1:18:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	9.30	49:58	5:22	16	10:53	80	15:34	9.30	49:58	5:22	16	10:53	80	15:34
Runde	9.00	51:42	5:44	18	13:17	87	16:35	18.30	1:41:40	5:33	19	23:36	86	32:09
Finish	0.20	1:00	5:00	19	0:17	102	0:22	18.50	1:42:40	5:32	19	23:52	87	32:28