



16. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Beck, Andreas

Club: LSV Lok Arnstadt
 Number: 405

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M60 (60-64 Jahre)

Total time: 1:44:38

Speed: 10.32 km/h
 Running performance: 5:40 min/km

Rank in course/Total: 102 (of 149)

Rank in course/Men: 92 (of 122)

Best time in course: 1:10:12

Rank in category: 6(of 10)

Best time in the category: 1:30:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	51:51	5:34	6	7:40	95	17:27	9.30	51:51	5:34	6	7:40	95	17:27
Runde	9.00	52:03	5:46	5	7:05	90	16:56	18.30	1:43:54	5:40	6	14:45	93	34:23
Finish	0.20	0:44	3:39	1	-	12	0:06	18.50	1:44:38	5:39	6	14:38	92	34:26