



16. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Rückert, Vincent

Total time: 1:46:43

Club: Freie Reformschule Franz von Assisi Ilmenau
 Number: 481

Speed: 10.12 km/h
 Running performance: 5:46 min/km

Course: 18.50 km
 Lange Strecke

Rank in course/Total: 110 (of 149)
 Rank in course/Men: 98 (of 122)
 Best time in course: 1:10:12

Category:
 männliche Jugend U18 (16-17 Jahre)

Rank in category: 1(of 1)
 Best time in the category: 1:46:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	51:01	5:29	1	-	89	16:37	9.30	51:01	5:29	1	-	89	16:37
Runde	9.00	54:51	6:05	1	-	101	19:44	18.30	1:45:52	5:47	1	-	99	36:21
Finish	0.20	0:51	4:15	1	-	45	0:13	18.50	1:46:43	5:46	1	-	98	36:31