



16. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Sauerbrey, Klaus

Club: Obermaßfeld  
 Number: 552

Course: 18.50 km  
 Lange Strecke

Category:  
 Senioren M60 (60-64 Jahre)

Total time: 1:47:12

Speed: 10.07 km/h  
 Running performance: 5:47 min/km

Rank in course/Total: 113 (of 149)

Rank in course/Men: 100 (of 122)

Best time in course: 1:10:12

Rank in category: 7(of 10)

Best time in the category: 1:30:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	53:24	5:44	7	9:13	102	19:00	9.30	53:24	5:44	7	9:13	102	19:00
Runde	9.00	52:54	5:52	7	7:56	95	17:47	18.30	1:46:18	5:48	7	17:09	100	36:47
Finish	0.20	0:54	4:30	5	0:10	61	0:16	18.50	1:47:12	5:47	7	17:12	100	37:00