



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Reisser, Mario

Club: fat fighters
Number: 534

Course: 18.50 km
Lange Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:48:43

Speed: 9.93 km/h
Running performance: 5:53 min/km

Rank in course/Total: 114 (of 149)

Rank in course/Men: 101 (of 122)

Best time in course: 1:10:12

Rank in category: 15(of 16)

Best time in the category: 1:14:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	51:57	5:35	15	15:28	96	17:33	9.30	51:57	5:35	15	15:28	96	17:33
Runde	9.00	55:47	6:11	15	18:10	104	20:40	18.30	1:47:44	5:53	15	33:38	101	38:13
Finish	0.20	0:59	4:54	14	0:21	97	0:21	18.50	1:48:43	5:52	15	33:55	101	38:31