



16. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Boymann, Simon

Club: Ilmenau  
Number: 523

Course: 18.50 km  
Lange Strecke

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:49:20

Speed: 9.88 km/h  
Running performance: 5:55 min/km

Rank in course/Total: 116 (of 149)

Rank in course/Men: 102 (of 122)

Best time in course: 1:10:12

Rank in category: 10(of 16)

Best time in the category: 1:14:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	9.30	54:06	5:49	12	17:57	105	19:42	9.30	54:06	5:49	12	17:57	105	19:42
Runde	9.00	54:14	6:01	10	17:06	99	19:07	18.30	1:48:20	5:55	10	35:03	102	38:49
Finish	0.20	1:00	5:00	11	0:15	102	0:22	18.50	1:49:20	5:54	10	35:06	102	39:08