



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Voigtmann, Sandra

Club: SV Ichttershausen
Number: 542

Course: 18.50 km
Lange Strecke

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:50:25

Speed: 9.78 km/h
Running performance: 5:58 min/km

Rank in course/Total: 118 (of 149)

Rank in course/Women: 15 (of 27)

Best time in course: 1:30:11

Rank in category: 2(of 2)

Best time in the category: 1:44:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	51:38	5:33	2	1:10	13	7:23	9.30	51:38	5:33	2	1:10	13	7:23
Runde	9.00	57:47	6:25	2	5:14	20	13:47	18.30	1:49:25	5:58	2	6:24	15	20:03
Finish	0.20	1:00	5:00	2	0:01	16	0:13	18.50	1:50:25	5:58	2	6:25	15	20:14