



16. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Licht, Anika

Club: Leipzig
 Number: 449

Course: 18.50 km
 Lange Strecke

Category:
 Frauen (20-29 Jahre)

Total time: 1:52:47

Speed: 9.58 km/h
 Running performance: 6:06 min/km

Rank in course/Total: 123 (of 149)

Rank in course/Women: 18 (of 27)

Best time in course: 1:30:11

Rank in category: 4(of 4)

Best time in the category: 1:33:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	57:10	6:08	4	11:47	21	12:55	9.30	57:10	6:08	4	11:47	21	12:55
Runde	9.00	54:36	6:03	3	7:15	12	10:36	18.30	1:51:46	6:06	4	19:02	18	22:24
Finish	0.20	1:01	5:04	4	0:14	19	0:14	18.50	1:52:47	6:05	4	19:16	18	22:36