



16. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Stöckigt, Bettina

Club: München
Number: 549

Course: 18.50 km
Lange Strecke

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:55:10

Speed: 9.64 km/h
Running performance: 6:14 min/km

Rank in course/Total: 128 (of 149)

Rank in course/Women: 20 (of 27)

Best time in course: 1:30:11

Rank in category: 4(of 6)

Best time in the category: 1:30:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	57:53	6:13	6	12:31	23	13:38	9.30	57:53	6:13	6	12:31	23	13:38
Runde	9.00	56:18	6:15	4	12:18	17	12:18	18.30	1:54:11	6:14	4	24:49	20	24:49
Finish	0.20	0:59	4:54	5	0:10	13	0:12	18.50	1:55:10	6:13	4	24:59	20	24:59