



16. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Krebs, Heribert

Club: TSV Zella-Mehlis
 Number: 444

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M65 (65-69 Jahre)

Total time: 1:56:36

Speed: 9.26 km/h
 Running performance: 6:18 min/km

Rank in course/Total: 134 (of 149)

Rank in course/Men: 113 (of 122)

Best time in course: 1:10:12

Rank in category: 6(of 6)

Best time in the category: 1:28:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	56:14	6:02	6	12:01	110	21:50	9.30	56:14	6:02	6	12:01	110	21:50
Runde	9.00	59:31	6:36	6	15:31	117	24:24	18.30	1:55:45	6:19	6	27:32	114	46:14
Finish	0.20	0:51	4:15	2	0:06	45	0:13	18.50	1:56:36	6:18	6	27:38	113	46:24